

# Frequently Asked Questions about the Weekend in the Woods

## What is the Mishkan retreat?

The retreat is a 2-day getaway at a summer camp for the Mishkan community. If you haven't been to summer camp, think cabins, community, activities, Judaism, food, friendship, and fun!

## Who goes to the retreat?

The same people who join Mishkan: single adults, couples, and families of all forms.

## Where will the retreat take place?

At Camp Havaya: <http://www.camphavaya.org/>.  
1 Pine Grove Road, South Sterling, PA 18460

## Directions from Philadelphia (approx. 2 hours from Mishkan Shalom):

- Follow the PA Turnpike Northeast Extension to the Pocono Exit, # 95.
- Take I-80 E to I-380 N/Scranton, to exit #8/Tobyhanna/Rt 423.
- Follow Route 423 N for 9 miles to 191 N.
- Bear left onto Route 191 N and go approximately 1 mile to Pine Grove Road.
- Turn right onto Pine Grove Road and left into camp.

## What are the sleeping and bathroom facilities like?

We'll be sleeping in twin size beds (mostly bunk beds) in cabins. Cabins have indoor single-use bathrooms and showers with hot water. Some private rooms are available for an additional fee.

## Are meals provided?

Yes, six meals and all snacks are provided from Friday dinner through Sunday lunch. Some meals include meat. All meals have vegetarian options. Saturday night is a BBQ (weather permitting).

## When does the retreat start and end?

The retreat begins with dinner on Friday and ends on Sunday afternoon. You are welcome to start arriving around 5:00 pm on Friday.

## 2022 COVID Protocols

The camp has the following COVID protocols in place to keep us all safe:

One family/pod per bunk; Vaccine and booster required for all individuals over 5 yo.; All meals eaten outside; Masks required indoors; Social distancing in and outdoors, and masks when close by, even outside.

## What will we do?

We have many fun, *optional* activities planned for the weekend. The point is to enjoy yourself, connect with your community, and get some R&R.

Activities include:

- Sports (softball, basketball)	- Singing and s'mores by the campfire
- Adult Happy hour	- Puzzles and games
- Jewelry making workshop	- <i>Kabbalat Shabbat</i> , and Shabbat services
- Tie-dying or other craft	- Ice Cream Social
- Talent/No Talent show	- Swimming
- Guided nature walk	- Boating (non-motor)
- Morning Stretch	- Havdalah

## What should I bring?

- Sleeping bag or sheets and blankets; a pillow; towels; toiletries, swimsuit; sunscreen; flashlight; insect repellent; warm layers for cold nights; and raingear (depending on forecast).
- A donation for the adult Happy Hour—an alcoholic or non-alcoholic beverage and some munchies to share. NOTE: the camp is NUT FREE.
- If you have kids coming with you, a donation for the kids Happy Hour. NOTE: the camp is NUT FREE.
- Chairs (if you prefer not to sit on a bench or on the ground) or blankets to sit by the fire
- Your bike and helmet (we have no formal biking activity scheduled, so feel free to ride at any time).

## For scheduled activities, bring:

- Props for Talent Show as needed. *FYI: Acts are limited to 4 minutes.*
- Broken jewelry for repair or to donate for others to use in the beading workshop.

Optional items: Camera, picnic blanket, a musical instrument, a songbook for our sing-along. Consider bringing books, games, and puzzles, especially if inclement weather is likely.

## Can I bring my pet(s)?

No, pets are not allowed at the retreat.

Other questions? Contact us at [mishkanweekendinthewoods@gmail.com](mailto:mishkanweekendinthewoods@gmail.com)